

Please note that pre-registration discount pricing is now if you register at least 3 days before workshop.

Pre-registration is highly encouraged and appreciated. This will help us in our planning of space needed for each workshop, and help prohibit the cancellation of any classes or workshops at the last minute. We want to offer topics and classes that you are truly interested in and feedback is always encouraged (info@ysbd.nyc)

Sunday
Feb 25th - Mar 24th

Social Dance Basics

3:00pm - 5:00pm

12:00pm - 2:00pm
On 3/24

with Tammy Halburda

Free Style warm ups, lead/follow & basic patterns to a variety of rhythms.

This class is designed to covered the fundamental basics of partner dancing.

It will include basic lead and follow skills to help you feel more confident in a number of social dance scenarios, as well as give you a better understanding of what type of dance style fits what type of music. Of course I will cover basic patterns in a number of different dance styles that you may most likely encounter at social functions, as well as how to look comfortable and natural just slow dancing with someone. This will be a fun and up-beat class, designed to show you the joy of connecting with someone on the dance floor.

NOTE: 4 non-consecutive dates:

Feb 25th, Mar 10th, 17th & 24th

May register for either 3 weeks of your choice or all 4 weeks.

Level: Beginner

Special Pricing: \$146 -3wks / \$194 -4wks

Saturday
Mar 2nd & Mar 23rd

Swing Crash Course

12:00pm - 2:00pm

with Elena Iannucci

Great for both newcomers and those looking for a refresher or to learn a new role! No partner necessary, we will rotate partners for those comfortable doing so! This one day workshop introduces you to the style of Swing that was born in Harlem during the 1920s & 30s. We'll cover partnering, rhythm and lead-follow techniques and will focus on 6-count patterns perfect for Big Band swing music and social dancing! Come ready for a great workout and a fun day!

Level: Beginner

\$35 In Adv (by 3/1) / \$45 (Day of)

Saturday-Sunday
Mar 2nd - Mar 3rd

Balboa Fundamentals

3:00pm - 5:00pm

with Sara-Sofia Rentas

Join us to start your Balboa journey or refresh your fundamentals! Balboa is a (mostly) close-embrace partner swing dance originating in Southern California. While often done to faster tempos there is still plenty of time for intricate rhythms, communication between partners, and a lot of fun! These sessions are beginner-friendly individually, but to maintain the flow of class and for a full immersion into Balboa, we encourage you to take both.

Saturday Mar 2nd

Part 1: This workshop will focus on having comfortable Pure Bal and transitioning into Bal Swing (don't worry, we'll explain what this means in class!)

Sunday Mar 3rd

Part 2: This workshop will introduce rotation and turns!



Level: Beginner

1 workshop: \$35 In Adv (by 3/1) / \$40 (Day of)

Both workshops: \$60 In Adv (by 3/1) / \$70 (Day of)

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Sundays
Mar 3rd - Mar 17th

Charleston Workshop Series with Rafal Pustelny & Samantha Siegel

Something for Every Level Dancer

March 3rd- Charleston for Beginner

1:00pm - 3:00pm

We will cover basic patterns in Partnered Charleston Dance.
Learn the basic steps and a few variations that will help you dance to faster music.

March 10th- Charleston for Intermediate Dancers

1:00pm - 3:00pm

We will cover moves like Hand to Hand, Chase, Tandem, and Shadow Charleston.

March 17th- Charleston for Advance Dancers

1:00pm - 3:00pm

We will cover moves like Sailor Kicks, Hacksaws, Breakaway, and Charleston Swing Outs.

Per Workshop: \$45 In Adv / \$55 Day of

Tuesdays
Mar 5th - Mar 26th

Special Tuesday 4wk Balboa Fundamentals

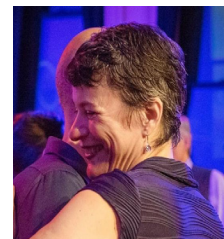
8:30pm - 9:30pm

with Leslie deGiere

This group class offering is starting March 5th.

Dates: March 5th, March 12th, March 19th & March 26th

Don't forget our free Balboa Practice sessions the 3rd Tuesday of every month (March 19th)!



Level: Beginner

\$100 In Adv (by 3/2) \$120 (after 3/2)

Saturday - Sunday
Mar 23rd - Mar 24th

Balboa Fundamentals & Tools:

3:00pm - 5:00pm

with Sara-Sofia Rentas

This 2 day workshop with Sara-Sofia is the 2nd series of Balboa Fundamentals. She will use this time to get you prepared and excited for Bal Week (April 2nd-7th), as the lowest track offered that week will be at the Intermediate level.
It is recommended to take both days.

Pre-requisite: Must have taken the previous Fundamentals workshop, Beginner 4 week series, or have Balboa experience with Pure Bal, Out and Ins, Lollies, and Toss Outs.

Level: Intermediate

1 workshop: \$35 In Adv (by 3/20) / \$40 (after 3/20)

Both workshops: \$60 In Adv (by 3/20) / \$70 (after 3/20)

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Saturday
March 30th

Solo Ballroom Choreography: Foxtrot

1:00pm - 2:30pm

with Zachary Bordonaro

No partner, no lead/follow, sometimes you need to just dance! This class will have some warm up exercises followed by Foxtrot choreography. By dancing solo, we can have some different expressions of movement and a focus on elements of our own dancing (without blaming our partner!)

Level: Pre-Int and Up

\$35 In Adv (by 3/27) / **\$40** (after 3/27)

Monday
April 8th

Fast Lindy!

7:30pm - 9:30pm

with Bobby White & Akemi Kinukawa

Back by popular demand! Join ILHC fancy pants dancers and Harvest Moon Hoppers Bobby White and Akemi Kinukawa for more uptempo Lindy technique and high-level air steps. We will focus on moving through several great fundamental steps and stylings at higher speeds. (Bring your dance towels.)

Dancers must know fundamental 8-count Swing outs & 6-count moves & Charleston figures and transitions at 160bpm. For the air steps, we highly recommend that partnerships have done fundamental air steps before.

Level: Intermediate

\$45 In Adv (by 4/5) / **\$50** (after 4/5)

Sunday
April 14th

Slow Dancing in Lindy Hop for Beginners

1:00pm - 3:00pm

with Rafal Pustelny & Laura Glaess

Learn how to groove to slow music in Lindy Hop. Practice how to connect with your partner and find musicality in basic rhythms. We will guide you through different patterns found in Jazz Dances and dance to music below 110bpm.

Level: Beginner

\$45 In Adv (by 4/11) / **\$50** (after 4/11)

Sunday
April 14th

Slow Dancing in Lindy Hop for Intermediates

3:30pm - 5:30pm

with Rafal Pustelny & Laura Glaess

Come and learn new ways of dancing to slow music. We will cover moves, dips, and rhythms that take inspiration from Lindy Hop and other Vernacular Jazz Dances. Learn to do less and get more out of it!

Level: Intermediate

\$45 In Adv (by 4/11) / **\$50** (after 4/11)

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Saturday
April 27th

Solo Ballroom Choreography: Cha Cha

with Zachary Bordonaro

1:00pm - 2:30pm

No partner, no lead/follow, sometimes you need to just dance! This class will have some warm up exercises followed by Foxtrot choreography. By dancing solo, we can have some different expressions of movement and a focus on elements of our own dancing (without blaming our partner!)

Level: Pre-Int and Up

\$35 In Adv (by 4/24) / **\$40** (after 4/24)

Monday
April 29th

Fundamentals Lifts & Air

with Bobby White & Akemi Kinukawa

7:30pm - 9:30pm

Back by popular demand! Join ILHC fancy-pants dancers and Harvest Moon Hoppers Bobby White and Akemi Kinukawa for training in fundamental lifts and air step technique. Partners ARE required. This is a great class for those newer to air steps, or those just wanting some more supportive trick steps in their arsenal. Please wear non-baggy athletic clothing and cushioned sneakers with good grip. No jewelry or watches.

Level: Intermediate

\$45 In Adv (by 4/26) / **\$50** (after 4/26)

Register Online: www.YouShouldBeDancing.nyc